



11 January, 2024

Dr. The Hon. Michael Ronald Darville
Minister of Health and Wellness
Ministry of Health and Wellness
Poinciana Building Meeting & Augusta Street
P. O. Box N 3730
Nassau, N.P., The Bahamas

BY HAND AND FACSIMILE TRANSMISSION TO HEALTHGENERAL@BAHAMAS.GOV.BS

Dear Minister,

Subject: Request for Outpatient Protocols - COVID-19, Long COVID, and Vaccine Injuries

I trust this letter finds you in good health and high spirits. I am writing to you on behalf of OPTIMIST, an advocacy group Offering Preventative Interventional Medicines thereby Increasing Safety and Trust.

We are aware of the recent uptick in COVID-19 cases. The purpose of this letter is to request comprehensive outpatient protocols for individuals contracting COVID-19, those suffering from long-term effects (Long COVID), and those experiencing adverse reactions following COVID-19 vaccination. We recognize the substantial efforts of the Ministry of Health in managing the ongoing public health situation, and we believe that clear and accessible outpatient protocols are crucial for the well-being of affected individuals.

Rationale for Request:

COVID-19 Outpatient Protocols:

- With the continuing number of COVID-19 cases, we request outpatient protocols that guide individuals in managing mild or moderate symptoms of COVID-19 at home. These guidelines should cover monitoring, self-care, and when to seek medical attention.

Long COVID Outpatient Care:

- As awareness grows around the long-term effects of COVID-19, outpatient protocols for managing symptoms associated with Long COVID are essential. This may include guidance on symptom management, rehabilitation, and necessary medical follow-ups.

Vaccine Injury Outpatient Protocols:

- To address concerns related to adverse reactions post-COVID-19 vaccination, we request specific outpatient protocols. This should include guidance on recognizing potential vaccine injuries, appropriate medical steps to take, and avenues for reporting adverse events.

Key Components of the Requested Protocols:

Clear Symptom Recognition:

- Guidelines for recognizing COVID-19 symptoms, Long COVID symptoms, and potential vaccine-related adverse reactions.

Home Care Recommendations:

- Recommendations for managing mild or moderate symptoms at home, including self-isolation protocols and steps to prevent the spread of the virus.

Medical Intervention Criteria:

- Clear criteria for when individuals should seek medical attention, including emergency indicators for COVID-19 cases and Long COVID symptoms requiring specialized care.

Rehabilitation and Follow-Up Care:

- Guidance on rehabilitation for those suffering from Long COVID, including physical and mental health support. Additionally, protocols for follow-up care for post-vaccine injuries.

Communication and Reporting:

- Channels for communication, reporting, and seeking clarification on outpatient protocols. This could include helpline numbers, online platforms, or community health resources.

Collaborative Approach:

We understand the complexity of developing such protocols and would welcome the opportunity to collaborate with the Ministry of Health and relevant health professionals. A collaborative approach ensures that the protocols are informed by a broad range of expertise and are aligned with the evolving understanding of the virus and its impact.

Closing Remarks:

Your leadership is vital in ensuring the well-being of our communities during these challenging times. We appreciate your consideration of this request because we believe that the implementation of comprehensive outpatient protocols contribute significantly to the overall health and resilience of our society.

If you require any additional information or clarification, please do not hesitate to contact us at optimistbahamas@gmail.com

Thank you for your dedication to public health, and we look forward to the positive impact of your continued efforts.

Sincerely,

A handwritten signature in brown ink, reading "M. A. Palmer". The signature is written in a cursive style with a large initial "M".

M. A. Palmer, Esq.

Executive Director

OPTIMIST

Tel: 242-465-6763